



<p>March is National Nutrition Month</p>		<p><b>March 1, 2023</b> <b>Wednesday</b> Salisbury Steak w/Gravy Mashed Red Potatoes Spring Salad Wheat Roll Chilled Apple Sauce Choice of Milk</p>	<p><b>March 2, 2023</b> <b>Thursday</b> Pork Roast Steamed Rice Black-eyed Peas Green Bean Casserole Wheat Roll Chilled Sliced Peaches Choice of Milk</p>	<p><b>March 3, 2023</b> <b>Friday</b> Grilled Cheese Sandwich Tomato Basil Soup French Fries Chilled Applesauce Cup Choice of Milk</p>
<p><b>March 6, 2023</b> <b>Monday</b> Nacho Supreme Salsa Cup Bush's Taco Fiesta Black Beans Chopped Lettuce &amp; Tomato Cup Boxed Raisins Choice of Milk</p>	<p><b>March 7, 2023</b> <b>Tuesday</b> Country Fried Steak w/Gravy Mashed Red Potatoes Popeye Salad Wheat Roll Chilled Fruit Cup Choice of Milk</p>	<p><b>March 8, 2023</b> <b>Wednesday</b> Chili Fries Peas and Carrots Chilled Sliced Peaches Wheat Roll Choice of Milk</p>	<p><b>March 9, 2023</b> <b>Thursday</b> Chicken &amp; Sausage Jambalaya Buttered Parsleyed Carrots Seasoned Green Beans Wheat Roll Frozen Fruit Cup Choice of Milk</p>	<p><b>March 10, 2023</b> <b>Friday</b> Shrimp Alfredo Potato Rounds Baby Carrots w/ Ranch Dressing Chilled Fruit Cup Chocolate Cake with Icing Choice of Milk</p>
<p><b>Louisiana School Lunch Week March 13-17<sup>th</sup></b></p>				
<p><b>March 13, 2023</b> <b>Monday</b> Bowl of Chili Vegetable Medley Garden Salad Corn Chips Fresh Banana Choice of Milk</p>	<p><b>March 14, 2023</b> <b>Tuesday</b> Red Beans &amp; Sausage Steamed Rice Steamed Broccoli w/Cheese Buttered Sweet Peas Cornbread Square Chilled Applesauce Cup Choice of Milk</p>	<p><b>March 15, 2023</b> <b>Wednesday</b> Chicken Alfredo Candied Yams Seasoned Green Beans Wheat Roll Chilled Fruit Cup Choice of Milk</p>	<p><b>March 16, 2023</b> <b>Thursday</b> BBQ Chicken Rice Dressing Lima Beans Whole Kernel Corn Wheat Roll Chilled Diced Peas Choice of Milk</p>	<p><b>March 17, 2023</b> <b>Friday</b> Cheese Crunchers Marinara Cup Fresh Baby Carrots w/Ranch Chilled Sliced Peaches Green Vanilla Pudding topped w/choc chips Choice of Milk</p> 
<p><b>March 20, 2023</b> <b>Monday</b> Walking Tacos Salsa Cup Whole Kernel Corn Chopped Lettuce &amp; Tomato Cup Chilled Diced Peas Choice of Milk</p>	<p><b>March 21, 2023</b> <b>Tuesday</b> Salisbury Steak, Rice &amp; Gravy Vegetable Medley Sweet Potato Crunch Wheat Roll Fresh Apple Choice of Milk</p>	<p><b>March 22, 2023</b> <b>Wednesday</b> Pepperoni Calzone Marinara Cup Steamed Broccoli w/Cheese Sauce Buttered Sweet Peas Chilled Fruit Cup Choice of Milk</p>	<p><b>March 23, 2023</b> <b>Thursday</b> Chicken &amp; Sausage Pastalaya Seasoned Green Beans Navy Beans Wheat Roll Frozen Fruit Cup Choice of Milk</p>	<p><b>March 24, 2023</b> <b>Friday</b> Fish Sticks Macaroni &amp; Cheese Buttered Sweet Peas Tossed Salad Chilled Applesauce Cup Choice of Milk</p>
<p><b>March 27, 2023</b> <b>Monday</b> Baked Rotini Buttered Parsleyed Carrots Popeye Salad Cheesy Garlic Bread Fresh Banana Vanilla Pudding Choice of Milk</p>	<p><b>March 28, 2023</b> <b>Tuesday</b> Breaded Chicken Strips and Dutch Waffles w/ Maple Syrup Steamed Broccoli w/ Cheese Sauce Whole Kernel Corn Frozen Fruit Cup Choice of Milk</p>	<p><b>March 29, 2023</b> <b>Wednesday</b> BBQ Pork Patty Rice Dressing Lima Beans Fresh Baby Carrots w/ Ranch Wheat Roll Chilled Sliced Peaches Choice of Milk</p>	<p><b>March 30, 2023</b> <b>Thursday</b> Turkey Roast w/ Gravy Mashed Potatoes Peas and Carrots Wheat Roll Chilled Applesauce Cup Choice of Milk</p>	<p><b>March 31, 2023</b> <b>Friday</b> Cheese Calzone Marinara Cup French Fries Spring Salad Chilled Diced Peas Choice of Milk</p>

Menus subject to change. For more information, please visit our website: [www.fns-dol.org](http://www.fns-dol.org)

This institution is an equal opportunity provider.

